

You Have It In You!

2025-08-17 • PASTOR MATT ROSE



Genesis 9

FOR THE LEADER

These questions help you run the conversation. They are not your study. Get into the passage yourself first, because your group needs what God taught you, not just a list of questions. These also lean on Sunday's message, so a few will not land for anyone who missed it. Watch it before you lead.

WHAT THE MESSAGE WAS ABOUT

Noah survived the flood, then fell apart in his own tent, and the fallout landed on his sons. Pastor Matt got honest about generational patterns, including a story about losing his temper over wet paint, and about how common harsh words are in ordinary homes. But the story does not end with the pattern. God told Cain that sin desires you, and you must rule over it. You have it in you to rule over the pattern. Breaking a cycle starts with modeling the person you want your kids to become.

To get started

- What is a habit you picked up from your family without ever choosing it?

Looking back at the message

He was vulnerable about his own temper. That permission matters here.

- 1 Pastor Matt told on himself about losing his temper over a freshly painted wall. Why do small moments like that carry so much weight with kids?
- 2 Genesis 9 has a sad twist: Noah was a man of the soil, and the fruit of the soil, wine, ended up ruling him. What do you make of that?
- 3 Pastor Matt listed everyday things that change a home's temperature: sleep, exercise, food, and screens. Which of those belongs in your conversation, and why? OPTIONAL

Looking at the passage

Read Genesis 9:20-27 aloud. It is uncomfortable and short.

- 4 Read Genesis 9:20-23. What does Noah do, and how do his sons respond differently?
- 5 Verses 24-25 record what Noah says when he wakes up. Who does the fallout land on?
- 6 This story comes right after the flood and God's covenant. What does that placement suggest?
- 7 Read Genesis 4:7. What does God tell Cain about mastering something? OPTIONAL

Bringing it home

Shame is close to the surface here. Keep pointing at capacity, not failure.

- 8 What pattern from your family are you most determined not to pass on?
- 9 God told Cain that sin desires you, and you must rule over it. Pastor Matt said you have it in you to rule over the pattern. How much do you believe that about yourself?
- 10 What does keeping your cool actually look like in your house on a bad day?
- 11 What might you need to apologize for to someone younger than you? OPTIONAL

The group together

Nobody breaks a generational pattern alone. That is the point of this section.

- 12 Why is it so hard to break a pattern by yourself?
- 13 What could this group do for someone who is trying to change something at home?
- 14 Who around you is the first in their family at something, and what would encourage them?

BEFORE YOU FINISH

What is one pattern you want to stop with you, and what is the first thing that would have to change?

You might pray about

- For patterns that need to end with us
- For parents who lost their temper this week and feel it
- For those who are the first in their family to follow Jesus
- For homes built on something that holds