

# Fixing Fragmented Faith

2026-03-15 • PASTOR MATT ROSE



## James 2

### FOR THE LEADER

These questions help you run the conversation. They are not your study. Get into the passage yourself first, because your group needs what God taught you, not just a list of questions. These also lean on Sunday's message, so a few will not land for anyone who missed it. Watch it before you lead.

#### WHAT THE MESSAGE WAS ABOUT

Most people hand God one part of themselves. Some hand him the heart, all feeling. Some hand him the head, all study. Some hand him the hands, all serving. Pastor Matt showed that Colossians 3 asks for all three at once: peace ruling the heart, the word dwelling in the mind, and everything done in the name of Jesus. He named the counterfeits. Being moved is not being mature. Inspiration is not discipleship. Doing things for God is not being with him. And efficiency is not faithfulness. An integrated faith is audible, the way a tuned instrument is. People can hear it.

### To get started

- What is something you are technically good at but do not especially enjoy?

### Looking back at the message

Heart, head, hands. Ask which one people default to before analysing any of them.

- 1 Heart, head, or hands: which one does your faith lean on most naturally?
- 2 Pastor Matt said not to confuse being moved with becoming mature. Where have you watched that difference play out, in yourself or someone else?
- 3 Being efficient is not the same as being faithful. Where has efficiency quietly replaced faithfulness in your life? OPTIONAL

### Looking at the passage

Read Colossians 3:12-17 aloud. Notice how many different faculties it names.

- 4 Read Colossians 3:15-17. Three instructions: something should rule, something should dwell, something should be done. What are the three?
- 5 Verse 16 puts teaching and singing in the same sentence. Why do you think the head and the heart share a verse?
- 6 Verse 17 says whatever you do, in word or deed. What part of your life does that leave out?
- 7 Read James 2:14-17. How does James describe the same problem of a faith missing one of its parts? OPTIONAL

## Bringing it home

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Everyone is short somewhere. Nobody has all three in balance.

- 8 Which of the three, heart, head, or hands, do you most often use as a substitute for the others?
- 9 Pastor Matt described being inspired on Sunday in a way that never changes Monday. Where does that breakdown happen for you?
- 10 Pastor Matt described an integrated faith: peace ruling, knowledge becoming wisdom, obedience as a default. Which of those is furthest off for you?
- 11 What is one habit you keep that has stopped strengthening anything? OPTIONAL

## The group together

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The tuned-instrument image is the one to land on here.

- 12 A group can prop up the part of you that is weakest. Which part would you want this group's help with?
- 13 How can this group make room for someone whose faith is mostly head, or mostly hands, without embarrassing them?
- 14 What would it look like for this group to be consistent, not just enthusiastic?

### BEFORE YOU FINISH

Which part of yourself have you not handed over, and what would handing it over involve this week?

## You might pray about

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- For the part of us we keep to ourselves
- For maturity rather than only movement
- For those doing a great deal for God and spending little time with him
- For a faith other people can hear as consistent